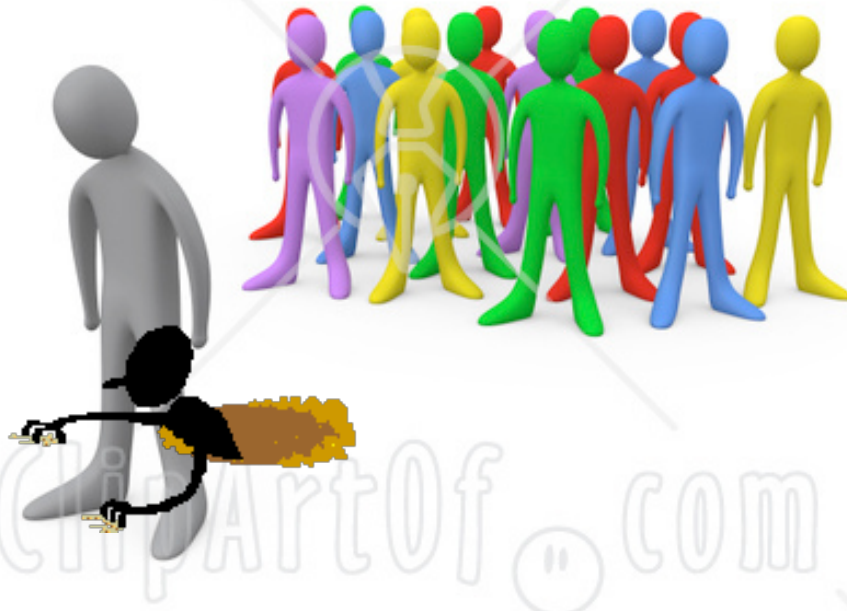


# "NOBODY KNOWS YOU WHEN YOU'RE DOWN AND OUT" [Part-1]



**"MARK 14:32-36  
& LUKE 22:41-42"**

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**NOBODY KNOWS YOU, WHEN  
YOU'RE DOWN AND OUT PART-1**

**ST. MARK 14:32-36 & ST. LUKE 22:41-42**

**INTRODUCTION**

**THE SCENE FOR THIS EVENING IS SET ON THURSDAY  
EVENING OF HOLY WEEK.**

**BE IT KNOWN, MY BROTHERS AND SISTERS, THAT NOBODY  
KNOWS YOU WHEN YOU'RE DOWN AND OUT.**

**THERE ARE TIMES IN ALL OF OUR LIVES WHEN WE ARE  
CHALLENGED AND CONFRONTED WITH SITUATIONS AND  
CIRCUMSTANCES THAT WE'D RATHER NOT DEAL WITH.**

**I MUST CONFESS THAT EVEN AS A PASTOR, THERE HAVE  
BEEN SOME ISSUES IN MY LIFE AND MINISTRY THAT I  
REALLY DIDN'T WANT TO DEAL WITH.**

**AND I THINK I OUGHT TO TELL YOU THAT NOBODY KNOWS  
YOU WHEN YOU'RE DOWN AND OUT.**

**AS SPOUSES, PARENTS, PROFESSIONALS AND EVEN CHURCH  
MEMBERS, WE ALL SOMETIME FACE SOME STUFF IN OUR  
LIFE THAT:**

- 1. IF WE COULD AVOID IT, WE WOULD!**
- 2. IF WE COULD POSTPONE IT, WE WOULD!**
- 3. IF WE COULD STOP IT, WE WOULD!**
- 4. IF WE COULD JUST PUT IT OFF, WE WOULD!**
- 5. IF WE COULD DELEGATE IT TO SOMEBODY  
ELSE, WE WOULD!**

**SIMPLY BECAUSE WE'D RATHER NOT DEAL WITH IT AND PERHAPS IT WAS SOMETHING AS SIMPLE AS A CHORE ON YOUR "TO DO LIST," THAT YOU NEVER SEEM TO GET AROUND TO DOING.**

**MAYBE, IT WAS SOME SICKENING ASSIGNMENT YOUR SUPERVISOR WANTS YOU TO DO, OR SOME CLASSROOM ASSIGNMENT GIVEN OUT BY THE TEACHER.**

**I'VE EVEN HAD THOSE TIMES IN MY OWN LIFE WHEN I KNEW I NEEDED TO GO TO THE DOCTOR TO GET SOME NAGGING PAIN OR PROBLEM CHECKED OUT,**

**^BUT I KEPT PUTTING IT OFF AND PUTTING IT OFF BECAUSE I REALLY DIDN'T WANT NOBODY TO KNOW THAT I WAS DOWN AND OUT, OR TO DEAL WITH IT.**

**LIFE HAS A WAY OF THROWING THINGS AT YOU THAT IS NEVER CONVENIENT, OR, A SUITABLE TIME TO ADDRESS THE SITUATION.**

**SIMPLY BECAUSE YOU'D RATHER NOT DEAL WITH IT, OR LET SOMEBODY KNOW THAT YOU ARE DOWN AND OUT!**

**JOHN PAUL SOLTRA SAID: *"THESE ARE THE TIMES THAT TRY MEN'S SOUL."***

**YES, I TELL YOU LIFE HAS A WAY OF THROWING A CURVE BALL AT YOU, BUT I HEARD SOMEBODY SAY THE OTHER DAY, KEEP ON STICKING OUT THE BALL AND EVENTUALLY YOU'LL HIT IT.**

- A. "NOBODY KNOWS YOU WHEN YOU'RE DOWN AND OUT."**
- B. AND WHEN YOU GET IN A SITUATION WHEN NOBODY KNOWS WHEN YOU'RE DOWN AND OUT:**
  - 1. HOW DO YOU HANDLE LIFE! WHEN NOBODY KNOWS YOU WHEN YOU'RE DOWN AND OUT!**

2. **HOW DO YOU HANDLE LIFE! WHEN THERE IS NO EXCUSE, OR NO ESCAPE.**
3. **HOW DO YOU HANDLE IT! WHEN THERE IS NO SOLUTION FOR THE THINGS YOU MUST FACE?**
4. **HOW DO YOU HANDLE IT! WHEN THERE IS NO ANTIDOTE FOR YOUR ANXIETY.**
5. **HOW DO YOU HANDLE IT! WHEN THERE IS NO PRESCRIPTION FOR YOUR PROBLEM.**
6. **HOW DO YOU HANDLE IT! WHEN THERE IS NO CHANCE OF POSTPONEMENT?**
7. **HOW DO YOU HANDLE IT! WHEN TIME HAS RUN OUT ON THE GRACE PERIOD, AND THE VERY THING YOU'VE BEEN TRYING TO AVOID, NOW YOU HAVE TO FACE IT,**
8. **BECAUSE IF YOU DON'T FACE IT, YOU CAN'T FIX IT.**

### **TRANSITION TO THE TEXT**

- I. **I THINK I OUGHT TO TELL YOU “GET IT IN... WHERE YOU CAN FIT IT.”**
  - A. **SUCH WAS THE CASE OF OUR LORD AND SAVIOR, JESUS CHRIST AS HE AGONIZES OVER THE ASSIGNMENT THAT HE REALLY DIDN'T WANT TO DEAL WITH. ST. MARK 14, (VERSE 32B) “...HE SAYS TO HIS DISCIPLES, SIT HERE WHILE I PRAY.”**
    1. **CHRIST FALLS DOWN UNDER THE WEIGHT OF THE WORLD OF SORROW IN HIS SOUL AT WHAT IS TO COME.**

2. (VERSE 33), LETS US KNOW THAT JESUS TAKES WITH HIM THE OTHER 11 TO THE GARDEN OF GETHSEMANE ON TO THE MOUNT OF OLIVES AND LEAVING 8 OF THEM AT THE ENTRANCE HE TAKES PETER, JAMES AND JOHN, OF HIS INNER CIRCLE, ON INTO THE GARDEN TO PRAY.
  3. HE SPEAKS TO THE DISCIPLES IN (VERSE 34) OF THE AGONY, THE TROUBLE AND THE ANGUISH OF HIS SOUL, "*MY SOUL IS EXCEEDING SORROWFUL UNTO DEATH.*"
  4. NO WONDER DAVID SAID, "*YEA, THOUGH I WALK THROUGH THE VALLEY OF THE SHADOW OF DEATH.*"
- B. EVERYWHERE DAVID WENT, HIS SUFFERING WAS JUST LIKE DEATH, A SHADOW DEATH.**
- C. JESUS' GRIEF WAS JUST LIKE DEATH. NOBODY KNOWS YOU, WHEN YOU'RE DOWN AND OUT.**
1. AND SO, JESUS REQUESTS THAT, "*THEY TARRY YE HERE, WATCH AND PRAY.*"
  2. BUT THEY COULDN'T STAY AWAKE LONG ENOUGH, THEY WENT TO SLEEP ON JESUS.
  3. AND OH MY BROTHERS AND SISTERS, (VERSE 35) TELLS US THAT THE WEIGHT OF THE WORLD OF SORROW WAS UPON HIS SHOULDER;
  4. AND IT WAS SO HEAVY THAT CHRIST PHYSICALLY COLLAPSED IN PRAYER.
  5. HE FELL ON THE GROUND AND HE PRAYED.

**6. BUT [LUKE CHAPTER 22, [VERSE 41], SAYS HE KNEELED DOWN AND PRAYED.**

**D. AND WHEN YOU LOOK AT THIS VERSE, IT GIVES US A BETTER UNDERSTANDING THAT WHEN YOU'RE DOWN AND OUT. YOU JUST KNEAL DOWN AND PRAY; BECAUSE YOU'RE IN A GOOD POSITION TO FIGHT THE DEVIL. (THE BEST POSITION)**

**1. DAVID KNELT AND PRAYED. PSALM 95**

**2. SOLOMON KNELT AND PRAYED.  
[2 CHRONICLES 6]**

**3. ELIJAH KNELT AND PRAYED. [1 KING 18]**

**4. EZRA KNELT AND PRAYED. [EZRA 9]**

**5. DANIEL KNELT AND PRAYED. [DANIEL 6]**

**6. RICH MAN KNELT AND PRAYED. [MARK 10]**

**7. STEPHEN KNELT AND PRAYED. [ACT 9:40]**

**8. PETER KNELT AND PRAYED. [ACT**

**9. PAUL KNELT AND PRAYED. [ACT 20]**

**10. THE DISCIPLES KNELT AND PRAYED.  
[ACT 21].**

**11. AND YES...JESUS KNELT AND PRAYED.  
[MARK 14], [LUKE 22]**

**E. [MARK 14: 37] SAYS, WHEN CHRIST RETURNS FROM HIS PRAYING GROUND HE FINDS THE THREE DISCIPLES ASLEEP.**

1. AND WITH DISPLEASURE IN HIS VOICE, HE CHALLENGES AND HE ADDRESSES PETER, WHY COULDN'T YOU AT LEAST WATCH FOR ONE HOUR, YOU ARE SUPPOSE TO BE A LEADER, SECOND IN COMMAND.
2. OH, IF THE DISCIPLES ONLY KNEW THAT JESUS WAS DOWN AND OUT, THEY WOULD NOT HAVE GONE TO SLEEP.

**F. AND ALL I WANT TO SAY TO YOU TONIGHT IS THAT: "NOBODY KNOWS YOU WHEN YOU'RE DOWN AND OUT."**

1. NOT EVEN YOUR CLOSES OF KIN, MOTHER, FATHER, SISTER OR BROTHER, COUSIN, AUNT OR UNCLE. NO NOT EVEN YOUR BEST FRIEND OR YOUR CLOSE ASSOCIATE.
2. THEY WILL GO TO SLEEP ON YOU. NOT EVEN JESUS' DISCIPLES KNEW HIM AND WHAT HE WAS GOING THROUGH.
3. THEY DIDN'T REALIZE THAT JESUS WAS AT HIS LOWEST POINT.
4. LISTEN TO WHAT HE SAYS: "*MY SOUL IS EXCEEDING SORROWFUL UNTO DEATH.*"
5. WHEN WE EXAMINE THE SCENE, THE SETTING, THE SEQUENCE AND THE EVENTS OF THIS TEXT, YES, IT APPEARS THAT JESUS HAS FINALLY BUMPED INTO SOMETHING THAT HE'D RATHER NOT DEAL WITH.

**G. “NOBODY KNOWS YOU WHEN YOU’RE DOWN AND OUT.”**

**H. NOW, I CAN UNDERSTAND YOU AND IN FACING SITUATIONS THAT WE WOULD RATHER NOT FACE.**

**I. BUT WE’RE NOT TALKING ABOUT MERE MORTAL MEN, HERE. WE’RE TALKING ABOUT JESUS**

- 1. JESUS THE GOD-MAN, AND CO-CREATOR OF THE UNIVERSE!**
- 2. JESUS, WHO HAS ALL POWER, IN BOTH HEAVEN AND EARTH!**
- 3. JESUS, THE ONE WHO WAS ABLE TO DEFY THE LAWS OF BOTH NATURE AND SCIENCE BY TURNING WATER INTO WINE BETWEEN THE POUR IN AND POUR OUT!**
- 4. JESUS, CAUSING LAME MEN TO WALK, BLIND MEN**
- 5. TO SEE AND DEAF EARS TO HEAR!**
- 6. JESUS WAS ABLE TO RESUSCITATE AND RESURRECT THE DEAD BACK TO THE LIVING! (I’M TALKING ABOUT) JESUS!**
- 7. JESUS WAS ABLE TO WITHSTAND ALL OF THE ASSAULTS AND ATTACKS OF THE DEVIL, AND LEAVE THAT CONFRONTATION UNSCARRED AND UNMARRIED.**

**J. AND YET! IT APPEARS BY ALL INDICATIONS OF THIS TEXT THAT EVEN JESUS HAD TROUBLE COPPING WITH CERTAIN SITUATIONS.**

1. CHRIST KNEELS ON THE GROUND AND PRAYS, “...*IF IT WERE POSSIBLE, THE HOUR MIGHT PASS FROM HIM.* “AND THEN CALLING GOD “*ABBA FATHER.*”
  2. AT THIS SPLIT SECOND IN CHRIST’S LIFE, HE DESIRES A PERSONAL, INTIMATE RELATIONSHIP WITH HIS FATHER.
- I. I THINK I OUGHT TO TELL YOU “GET IT IN...WHERE YOU CAN FIT IT.”
  - II. HE NOT ONLY DESIRES A PERSONAL INTIMATE RELATIONSHIP WITH HIS FATHER, BUT HE ALSO NEEDED THIS RELATIONSHIP TO FACE WHAT IS TO COME.
  - III. HE CRIES OUT TO HIS FATHER IF THERE IS ANY OTHER WAY THEN LET THIS CUP PASS FROM ME.
    - A. LOOK AT HIM, IN LUKE’S GOSPEL CHAPTER 22 (VERSE 42) HE SAYS TO HIS FATHER: “*IF THOU BE WILLING.*” IF IT’S POSSIBLE – IF THERE’S ANY OTHER WAY OF DOING THIS THING – IF BY ANY MEANS I CAN AVOID THIS CUP, THEN “*REMOVE THIS CUP FROM ME.*”
      1. HE SEEMS TO BE SAYING TO HIS FATHER. IF THERE’S ANY OTHER WAY WE CAN HANDLE THIS THING, THEN I’M ALL FOR IT...LET’S DO IT!
      2. HE’S IN DESPAIR; HE’S DISCOURAGED BECAUSE HE’S NOW BUMPED INTO SOMETHING HE’D RATHER NOT DEAL WITH!

3. AND SO, I THOUGHT IT MIGHT PROVE BENEFICIAL FOR US TO EXAMINE HOW JESUS
  4. "COPEd WITH HIS CUP OF DESPAIR." WHEN HIS DISCIPLES DIDN'T KNOW HE WAS DOWN AND OUT.
  5. AND MAYBE THIS OUGHT TO BE A LESSON FOR YOU AND I, TO KNOW HOW TO BETTER HANDLE OUR TIMES OF DESPAIR AND DISCONTENTMENT WHEN WE'RE DOWN AND OUT. AND WHEN WE ARE FACED WITH AN AGONIZING SITUATION.
  6. BECAUSE, I'VE DISCOVERED THAT THE ONLY WAY TO THE HILLTOP OF VICTORY, YOU MUST FIRST GO THROUGH THE VALLEY OF DESPAIR.
- B. NOW NOTICE, FIRST OF ALL: HIS DILEMMA ALL BEGAN WAY BACK IN THE CORRIDORS OF TIME, WHEN MANKIND WAS SINKING IN SICKNESS, SHAME AND SIN AND NEEDED A SAVIOR.
1. YES, A CONVERSATION TOOK PLACE IN HEAVEN BETWEEN GOD THE FATHER, GOD THE SON AND GOD THE HOLY GHOST.
  2. AND IT WAS THE SON WHO STEPPED FORWARD. AND HE SAID: *"PUT MY NAME DOWN, I'LL DO IT "*
  3. IT WAS THE SON WHO SAID: *"PREPARE ME AN EARTHLY BODY AND I'LL GO DOWN AND REDEEM MANKIND, FROM THE CURSE OF THE BROKEN LAW."*
  4. IN OTHER WORDS: JESUS VOLUNTEERED FOR SERVICE!

**5. BUT NOW, HERE IN THE GARDEN OF GETHSEMANE, WHEN IT CAME TIME FOR HIM TO DO WHAT HE HAD VOLUNTEERED TO DO, IT APPEARS THAT HE'S NOW HAVING SECOND THOUGHTS.**

**6. LOOKS LIKE HE'S "MOON WALKING," TRYING TO SIDE STEP AND BYPASS THAT WHICH HE SIGNED UP TO DO!**

**C. WELL, MAYBE RIGHT HERE IS A GOOD PLACE TO PARK AND RAISE A QUESTION:**

**1. HOW MANY TIMES HAVE YOU HAD SECOND THOUGHTS ABOUT DOING WHATEVER?**

**2. HOW MANY TIMES HAVE YOU VOLUNTEERED TO DO SOMETHING?**

**3. HOW MANY TIMES HAVE YOU STUCK YOUR FOOT IN YOUR MOUTH BY SIGNING UP FOR SOMETHING YOU NOW REGRET, AND HAVE RESERVATIONS ABOUT DOING?**

**4. HOW MANY TIMES HAVE YOU SAID TO YOURSELF: I WISH I HADN'T MADE THAT COMMITMENT!**

**5. HOW MANY TIMES HAVE YOU SAID TO YOURSELF: I WISH I HADN'T GIVEN MY WORD!**

**6. HOW MANY TIMES HAVE YOU SAID TO YOURSELF: I WISH I COULD TAKE IT ALL BACK!**

**D. BUT, YOU'RE THE ONE THAT TOLD THEM TO PUT YOUR NAME DOWN ON THE LIST.**

**E. YOU'RE THE ONE THAT SAID: GIVE IT TO ME, I'LL DO IT!**

**F. BUT NOW, THAT YOU ARE DOWN AND OUT, YOU'RE SAYING: "LET THIS CUP PASS FROM ME."**

1. IN THIS CUP – JESUS SAW THE BETRAYAL OF JUDAS.
2. IN THIS CUP – JESUS SAW THE DENIAL OF PETER.
3. IN THIS CUP – JESUS SAW THE DESERTION OF HIS DISCIPLES.
4. IN THIS CUP – JESUS SAW DOUBTING THOMAS.
5. IN THIS CUP – JESUS SAW FRIENDS TURN THERE BACK ON HIM.
6. IN THIS CUP – JESUS SAW THE BITTERNESS OF AGONY.
7. IN THIS CUP – JESUS SAW THE JUDGMENT HALL AND MOCKERY.
8. IN THIS CUP – JESUS SAW THE SHAME AND PAIN OF AN OLD RUGGED CROSS.
9. IN THIS CUP – JESUS SAW A HILL CALL CALVARY.
10. IN THIS CUP – JESUS SAW DEATH.
11. IN THIS CUP – JESUS SAW A GRAVE THAT HE ONLY NEEDED FOR A WEEKEND.
12. IN THIS CUP – JESUS SAW RESURRECTION ON A SUNDAY MORNING.
13. IN THIS CUP – JESUS SAW ALL POWER IN HIS HAND.

**G. NOBODY KNOWS YOU WHEN YOU ARE DOWN AND OUT.**

1. IT TOOK HIM (42) GENERATIONS PLUS ANOTHER (30) AND (3) YEARS TO ARRIVE AT THIS POINT.
2. AND OFF TIMES DURING JESUS MINISTRY, WE HEAR HIM SAYING TO HIS DISCIPLES: "*MINE HOUR HAS NOT YET COME.*"
3. IN FACT, HE ONCE TOLD HIS OWN MOTHER: "*DON 'T BOTHER ME NOW, MINE HOUR HAS NOT YET COME!*"
4. BUT NOW, THE HOUR HAS COME. AND IT LOOKS LIKE JESUS IS NOW HAVING SECOND THOUGHTS.

**H. MAYBE THIS IS THE LORDS WAY OF REMINDING US THAT THERE WILL COME A TIME WHEN WHAT YOU HAVE SIGNED UP TO DO, GOD WILL REQUIRE OF YOU EVEN IF YOU ARE DOWN AND OUT.**

1. AT THE TIME YOU VOLUNTEERED YOURSELF FOR SERVICE, THE ASSIGNMENT MAY HAVE LOOKED GRAND AND GLORIOUS.
2. YOU WERE ON TOP OF THE WORLD. IT MAY HAVE APPEARED TO BE THE RIGHT AND RELIGIOUS THING TO DO.

**I. BUT, LET ME TELL YOU, NOBODY CAN GO THROUGH LIFE WITHOUT TRAILS AND TRIBULATION. NOBODY CAN LIVE OR HAVE A PERFECT LIFE;**

1. YOU HAVE TO SUFFER SOMETHING IN YOUR LIFE.
2. YOU HAVE TO CRY SOMETIME.

3. **YOU HAVE TO HIT ROCK BOTTOM SOMETIME.**
4. **YOU HAVE TO GO THROUGH THE HARD KNOCKS OF LIFE SOMETIME.**
5. **YOU HAVE TO PACE THE FLOOR ALL NIGHT LONG SOMETIME.**
6. **YOU HAVE TO BE TORN UP FROM THE FLOOR UP SOMETIME.**
7. **YOU HAVE TO HAVE SOME SICKNESS SOMETIME.**
8. **NOW, THAT THE TIME HAS COME FOR YOU TO PRODUCE!**
9. **NOW, THAT THE TIME HAS COME TO: "PAY THE PIPER."**
10. **NOW, THAT IT'S TIME FOR YOU TO CARRY OUT THAT WHICH YOU HAD COMMITTED TO.**
11. **THE CRUCIAL QUESTION TODAY IS: HOW ARE YOU HANDLING IT?**
12. **WHEN NOBODY KNOWS YOU WHEN YOU'RE DOWN AND OUT. HOW DO YOU DEAL WITH THE DILEMMA THAT YOU GOT YOURSELF INTO?**

**J. FOR YOU SEE I'VE DISCOVERED THAT IT'S USUALLY AT THIS POINT:**

1. **WHEN FOLK STOP COMING TO CHURCH,**
2. **FRIENDSHIPS AND FAMILIES START FALLING APART,**
3. **DIVORCE BECOMES THE ANSWER TO MARRIAGE,**
4. **AND DROPPING OUT BECOMES THE SOLUTION TO STAYING IN SCHOOL.**

**K. BECAUSE THERE COMES A TIME WHEN YOU'VE GOT TO BACK UP WHAT YOU SAID YOU WOULD DO.**

**L. NOBODY KNOWS YOU WHEN YOU ARE DOWN AND OUT.**

- 1. BUT BEING DOWN AND OUT WILL EVENTUALLY MAKE YOU SEE YOURSELF.**
- 2. BEING DOWN AND OUT CAN CHANGE YOU PERMANENTLY.**
- 3. BUT WHEN GOD HEALS YOU – YOU BECOME A BETTER PERSON THAN YOU EVER WERE BEFORE YOU WERE DOWN AND OUT.**
- 4. WHERE IT WAS HARDNESS – NOW IT IS TENDERNESS!**
- 5. WHEN IT WAS ICY FEROCIOUS RAGE – NOW IT IS A QUIET GENTLENESS!**
- 6. ONCE, THERE WAS COLD AND FURY IN YOUR LIFE – NOW THE CLIMATE FOR ALL IS WARMTH AND ACCEPTANCE.**

**M. JESUS WENT TO THE GARDEN OF GETHSEMANE TO PRAY, HE WAS DOWN AND OUT.**

- 1. WHEN HE WENT FROM JUDGEMENT HALL TO JUDGEMENT HALL, HE WAS DOWN AND OUT;**
- 2. WHEN HE WENT TO CALVARY, HE WAS DOWN AND OUT;**
- 3. WHEN HE WAS DYING ON FRIDAY, HE WAS DOWN AND OUT;**

**N. HE STAY IN THE HEART OF THE EARTH (3) THREE DAYS AND (3) THREE NIGHTS.**

**O. BUT EARLY EASTER SUNDAY MORNING HE WAS UP AND OUT OF THE GRAVE.**

1. HE WHO KNEW NO SIN;
2. HE WHO WAS UTTERLY HONEST,
3. HE WHO WAS ABSOLUTELY PURE,
4. AND HE WHO WAS COMPLETELY JUST;
5. HE WHO KNEW NO HATE,
6. HE WHO KNEW NO BITTERNESS,
7. HE WHO KNEW NO MALICE,
8. HE WHO KNEW NO STRIFE,
9. HE WHO KNEW NO SELFISHNESS,
10. AND HE WHO KNEW NO JEALOUSY.
11. HE WHO NEVER THOUGHT AN EVIL THOUGHT,
12. HE WHO NEVER SPOKE AN EVIL WORD,
13. HE WHO NEVER DONE AN EVIL DEED, GOT UP EARLY SUNDAY MORNING, WITH ALL POWER IN HIS HANDS.

**P. I WANT TO CLOSE, BUT BEFORE I CLOSE, CAN I ASK YOU (3) THREE QUESTIONS?**

1. ISN'T HE ALL RIGHT!
2. DO YOU KNOW HIM!!!
3. WON'T HE MAKE A WAY OUT OF NO WAY.